

PRS KOREA 2025

November 9(Sun) ~ 11(Tue), 2025

Grand InterContinental Seoul Parnas Hotel



Curriculum Vitae

Personal Information		
Title (i.e. Pf., Dr., etc.)	Dr.	
Name (First name _ Last Name)	Muneera Ben Nakhi	
Degree (i.e. MD, Msc, PhD, etc.)	M.D.	
Country	Kuwait	
Affiliation	Adan Hospital	
Educational Background		
<ul style="list-style-type: none">- Fellowship of American College of Surgeons – plastic surgery – 27th October 2019- Plastic surgery fellowship, Asan medical center and University of Ulsan, Seoul Korea- 1st Feb 2011 to 1st April 2013- Kuwait Surgical Board (General Surgery) – 12th November 2006- Membership of the Royal college of Surgeons in Ireland -1st December 2005- Medical council of Canada evaluating exam 1st May 2003- Bachelor of Medicine and Surgery – faculty of medicine- Kuwait university - 22nd June 2000- Bachelor of basic medical sciences - faculty of medicine- Kuwait university -25th June 1997		
Professional Experience		
Consultant <ul style="list-style-type: none">➤ Head of Plastic & reconstructive surgery unit (Al- Adan Hospital) from 19th December 2013 to date➤ Plastic & reconstructive surgery (Al-Adan Hospital) from 1st February 2016 to date		
Senior Specialist <ul style="list-style-type: none">➤ Plastic & reconstructive surgery (Al-Adan Hospital) from 19th December 2013 to 31st January 2016➤ Plastic & reconstructive surgery (Al-Babtain center) from 2nd April 2013 to 18th December 2013		
Specialist		



Korean Society of Plastic and Reconstructive Surgeons

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- Fellow at ASAN Medical Center, university of Ulsan, Seoul, South Korea from 1st February 2011 to 1st April 2013
- General & Plastic surgery (Al-Babtain center) from Feb. 2010 to 31st January 2011

Senior registrar

- Plastic surgery (Al-Babtain center) from 6th august 2009 to Feb. 2010.
- General Surgery (Al-Adan Hospital) from 1st December 2006 to 5th august 2009

Surgical Registrar

- ❑ General Surgery (Al-Adan Hospital) from 1st October 2005 to 30th November 2006
- ❑ Plastic surgery (Al-Babtain centre) from 1st June 2005 to 30 Sep 2005
- ❑ Oncology surgery (Kuwait Cancer centre) from 1 April 2005 to 30 June 2005
- ❑ Thoracic surgery (Chest hospital) from 1st January 2005 to 31 March 2005
- ❑ Gastroenterology department (Mubarak Al-Kabeer hospital) from 1st October 2004 to 31 December 2004
- ❑ General surgery (Mubarak Al-Kabeer Hospital) from 1st October 2003 to 30 September 2004

Assistant registrar

- ❑ General surgery (Al-Amiri hospital) from 1 June 2003 – 30 September 2003
- ❑ Vascular Surgery (Mubarak Al-Kabeer hospital) from 1 April 2003 – 31 May 2003
- ❑ Emergency and trauma (Mubarak Al-Kabeer hospital) from 1 February 2003-31 March 2003
- ❑ Orthopedics (Al Razi hospital) from 1 October 2002 – 31 January 2003
- ❑ Urology (Mubarak Al-Kabeer hospital) from 1 July 2002 to 30 September 2002
- ❑ Critical care (Al-Amiri hospital) from 1 April 2002 – 30 June 2002
- ❑ General surgery (Mubarak Al-Kabeer hospital) from 1 August 2001 – 31 March 2002

Trainee

- ❑ Pediatrics (Mubarak Al-Kabeer hospital) from 22 May 2001 – 21 July 2001
- ❑ Medicine (Mubarak Al-Kabeer hospital) from 22 January 2001 – 21 May 2001
- ❑ Obstetrics and Gynecology (Maternity hospital) from 22 November 2000 – 21 January 2001
- ❑ Surgery (Mubarak Al-Kabeer hospital) from 22 July 2000 – 21 November 2000

Professional Organizations



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- 1) Director of mentorship program of Women Surgeon of Kuwait (WSK) 2019 till date
- 2) Executive Member of Gulf Diabetic Foot Working Group (GDFWG)
- 3) Member of Kuwait Association of Surgeons (KAS)
- 4) Member of Women Surgeon of Kuwait (WSK)
- 5) Head of mortality committee (Al Adan Hospital)
- 6) Head of pressure ulcer prevention team (Al Adan Hospital)
- 7) Head of performance measurement committee (Al Adan Hospital)
- 8) Board member in the Middle East Pressure Ulcer Association (MEPUAP)
- 9) Secretary of Women surgeon of Kuwait (WSK) 2019-2020
- 10) Member in American Society for Reconstructive Microsurgery
- 11) Member in World Society for Reconstructive Microsurgery (WSRM)
- 12) Member in Association of Women Surgeons (AWS)
- 13) Fellow of American College of Surgeons (FACS)

Main Scientific Publications

1. Perspectives on Return to Elective Surgeries in Kuwait and GCCC: A Cross-Sectional Survey. Alghanem B, Ben Nakhi M, Al Rashed A. J Surg 2021; 6: 1454.
2. Successful reconstruction of traumatic finger injury using Integra without skin graft during COVID-19 crises. Ibrahim Alsawari, Muneera Ben Nakhi, Nasser Abdelall. EC Clinical and Medical Case Reports 3.8 (2020): 36-42.
3. Three Years' experience with Integra as a reconstructive tool - Adan Hospital Experience. Muneera Ben Nakhi and Hazem Eltayeb. The Egyptian Journal of Surgery, 2020;39(3):567-573
4. The use of Matriderm and skin graft for reconstruction of complex wounds. Muneera Ben Nakhi, Hazem Eltayeb, Bassem AL Saqqa and Hala Milad. Wounds Middle East, 2020, volume 7(1):6-11
5. Use of NPWT with instillation in complex chronic wounds — a Kuwaiti experience. Muneera Ben Nakhi and Hazem Eltayeb. Wounds Middle East, August 2019, volume 6(2):12-16



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6. Traumatic Lower Limb Reconstruction- A Kuwaiti Experience. Muneera Ben Nakhi and Hazem Eltayeb. EC Clinical and Medical Case Reports 2.6 (2019): 304-319
7. Pedicled Latissimus Dorsi Flap for Complex Arm Defects: A Report of Twenty Cases from Two Centers. Hazem Eltayeb ; Emad Salah ; Ashraf Mostafa and Muneera Ben Nakhi. Egypt, J. Plast. Reconstr. Surg. 2019; 43(1): 101-105
8. First Middle East Experience with Novel Foam Dressing Together with Negative Pressure Wound Therapy and Instillation. Cureus 10(10): e3415
9. Conservative management of superficial infections of penile prosthesis implantation with skin loss: case series. July 2018:22-27
10. Diabetic foot reconstruction using Integra Dermal Regeneration Template: a single center experience in Kuwait. Muneera Ben-Nakhi, Hazem Altayib. Wounds middle east 2018; 5(1): 20-24
11. Successful reconstruction in a challenging post-sternotomy wound infection. Muneera Ben-Nakhi, Hazem Altayib. Wounds middle east 2017 Nov; 4(2):29-31
12. Consensus: Identification and management of infection in diabetic foot ulcers. Wounds international, September 2017:1-15
13. Middle East Expert Forum on NPWT in infected wounds: an overview. Wounds Middle East Journal 2016; 3(1):34-37
14. Cyclic Negative pressure wound therapy: an alternative mode to intermittent system. Kangwoo Nathan Lee, M.D., Muneera Ben-Nakhi, M.D., Joon Pio Hong, M.D., PhD, M.M.M. Int Wound J 2013 Dec 26. Epub 2013 Dec 26
15. Modified Superficial Circumflex Iliac Artery Perforator Flap and Supermicrosurgery Technique for Lower Extremity Reconstruction: A New Approach for Moderate Sized Defects. Hong, Joon Pio MD, PhD, MMM; Sun, Sang Hoon MD; Ben-Nakhi, Muneera MD. Ann Plast Surg 2013 Oct;71(4):380-3
16. Reconstruction of Lower Extremity with Perforator Free Flaps by Free Style Approach in Pediatric Patients. Jin Woo Song, Muneera Ben-Nakhi, Joon Pio Hong- J reconstr Microsurg 2012; 28(09): 589-594
17. The combined use of recombinant human epidermal growth factor (rh-EGF, Nepidermin) and fractional carbon dioxide laser in reducing cutaneous scar formation. Muneera Ben-Nakhi, Eun Jung Park, Joon Pio Hong (Journal of wound technology, issue 15, January 2012)



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18. Selenium is significantly depleted among morbidly obese female patients seeking bariatric surgery. Fahad Alasfar, Muneera Ben-Nakhi, Mousa Khoursheed, Elijah O Kehinde, Mervat Alsaleh. Obes Surg **21**(11):1710-3 (2011)
19. Complete laparoscopic excision of giant mesenteric cyst. Muneera Ben-Nakhi, Ahmed Al-Moosa, Fahad Al-Asfar (KMJ 2010; 42(3):237-239)
20. An unusual presentation of Typhoid fever. Jaber Al-Shammari, Muneera Ben-Nakhi, Hamid Labeeb (Tanta medical science journal 2007;2(4):166-169)
21. Injuries to the major airway after blunt thoracic trauma in children. Hassan Jamal-Eddine, Adel K Ayed, Miodrag Perić, Muneera E Ben-Nakhi (*journal of pediatric surgery* 2007 Apr;42(4):719-21)
22. Risk factors of spontaneous pneumothorax in Kuwait. Adel K Ayed, Samer Bazerbashi, Muneera Ben-Nakhi, Chezhian Chandrasekran, Murgan Sukumar, Aiman Al-Rowayeh, Mohammed Al-Othman (Medicine principles and practice 2006;15(5): 338-42)
23. Repair of common carotid artery injury with external carotid artery flap. Asfar Sami, Al-Ali Jassim, Ben-Nakhi Muneera. (Medicine principles and practice 2004 Sep-oct;13(s):292-4)
24. Physicians attitude towards euthanasia in Kuwait. Alia H. Gh. Askar, Muneera Ben Nakhi, Khadeejah Al-Rashidi, Bashayer A.M. Al-Musabbahie, Nasra M. Shah (Medicine principles and practice 2000;9(4):268-281)



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